Abstract
To measure the concentration of C-reactive protein (CRP) in serum, a portable, scanning-fluorescence reader based on time-resolved fluoroimmunoassays was developed. The scanning-fluorescence reader integrates with the AD7707 converter, which performs at a high accuracy. The photosensitive diode acts as the photorelectric conversion device, an optical module based on optical fibers, which is able to concentrate the excitation light from an LED into a line-shape beam, was designed to send and receive the optical signal. The device subsequently addresses waveform data using a gradient, smoothing, and binarization method. When the device measures the CRP fluorescence test strip, the results exhibited a good linearity (0.99998) and the CVs (coefficient of variation) were below 5%, which indicate high accuracy. At the same time the system is low cost and small size.

Keywords: fluorescence test strip, time-resolved fluoroimmunoassay, embedded system, scanning-fluorescence reader

1. Introduction
At present, a prominent feature of In Vitro Diagnosis is its tendency of polarization. One scale of operation is large automated instruments used in medicine; the other is miniature POCT (point-of-care testing) devices. POCT instruments are convenient, fast and efficient, gaining increasing recognition in the market [1-3].

Lateral flow strip detection technology plays important roles in healthcare, disease diagnosis and disease prevention [4]. The first generation lateral flow-strip detection technology could only achieve qualitative detection; the second generation realized semi-quantitative detection using a detector; the third generation could detect quantitatively, producing more accurate information and performed reliably during clinical diagnosis.

Lateral flow strip markers mainly include colloid gold, particulate carbon, latex particles, magnetic particles, and fluorescent particles. With the development of lateral flow-strip detection technology, techniques to analyze results also developed from qualitative detection based on image processing to quantitative detection based on fluorescence monitoring and processing [5, 6]. Because of the more precise concentration information and more accurate and reliable evaluation basis for clinical diagnosis, quantitative detecting instruments with fluorescent lateral-flow strips are becoming an important POCT detection platform in many countries. A few of quantitative immunoassay detection methods have been reported [7-9]. For example, Li and et al. have described 2-D optical scan system to quantify and image up converting phosphor (UCP) particles and have utilized this system to develop an IFN-γ immunoassay with UCP labels. A 1.2W 980nm fiber-coupled laser diode was used to excite the UCP particles through a transparent microfluidic chip cover, and a photomultiplier (PMT) was used for detection. The scanner takes 8 minutes to finish 2-D strip scanning in both X and Y directions [7]. Yan and et al. have developed a biosensor used for quantitative detection of Yersinia pestis based on LF immunoassay with a complicated and bulky optical module, which also includes an infrared (IR) laser and a photomultiplier (PMT), was built with considerably high cost and large size [8].

In this paper, a scanning-fluorescence reader system was developed. Combining with time resolved fluoroimmunoassay technology for biological measurements, these ARM-based...
devices using AD7707 analog-digital converter chips to convert the fluorescence signal captured by the high light-sensitive tube into a digital signal. A custom illumination module was built to focus the ultraviolet LED light into a line-shape excitation beam. Strip scanning was done by controlling a linear stage actuated by a step-motor with high resolution. When the fluorescence intensity was collected, an algorithm was designed to process the test data. The results of experiments show that scanning-fluorescence readers have advantages of a high detection speed, high repeatability, and good linearity, at the same time the system is lower cost and smaller size.

2. Biological Methods
2.1. Fluorescence Immunoassay
CRP from human plasma was used as an immunogen for the production of mouse monoclonal antibody (mAb). Immunizations, cell fusion, and screening of hybridoma cells producing anti-CRP-mAb were conducted according to a standard method [10-14].

To label the anti-CRP-mAb with a fluorescent particle, the EDC method was used. A specimen was added to the detector buffer at 100 times dilution, and the specimen was loaded into the sample well on the cartridge. After 20 min incubation, the cartridge was inserted and scanned with the scanning-fluorescence reader.

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2.2. Time-resolved Fluoroimmunoassay
Several fluorescence immunoassay technologies are available on the market: enzyme immunoassay, chemiluminescence immunoassay, and time-resolved fluoroimmunoassay. Time-resolved fluoroimmunoassay is a biological detection technology which is used by the scanning-fluorescence reader.

General fluorescent markers have short fluorescence lifetimes, but a few of the lanthanide elements (such as Eu, Tb, Sm, and Dy) display a long-lived fluorescence. The characteristics of these lanthanide elements are as follows: no interference occurs between the excitation light and emitted light because of a large Stokes shift; time-resolved fluoroimmunoassay is highly sensitivity because the spectrum of the excitation light is wide, but the spectrum of the emitted light is narrow [15].
In time-resolved a fluoroimmunoassay technology, if we delay the measurement of the fluorescent markers after excitation, then the sensitivity can be improved. This delay can also reduce the interference from background fluorescence and enhance the stability and specificity. Additionally, this technique has a wider linear range, and the reagents have a longer lifetime. In addition, time-resolved fluoroimmunoassays have both higher sensitivities and easier automation than enzyme immunoassays and chemiluminescence immunoassays [16, 17].

2.2. Time-resolved fluoroimmunoassay
The lateral flow strip principle for the fluorometer is shown in Figure 1.
To fix the structure of the antigen-antibody, we post a layer of nitrocellulose membrane on the surface of the strip. The front of the strip is the control line, which is constructed by coating goat anti-mouse antibodies and monoclonal antibodies with fluorescent microspheres on the surface. Monoclonal antibodies can be recognized by coating goat anti-mouse antibodies automatically to form a stable structure. Therefore, the fluorescence intensity of the control line is substantially fixed to perform quality control functions.

The test line is constituted by coating monoclonal antibodies and non-coating monoclonal antibodies. Unlike the control line, these antibodies are not recognized automatically, but both may combine with an antigen to form a sandwich construction of coating monoclonal antibody + antigen + monoclonal antibody. The more antigens, the more fluorescent microspheres will be stably fixed on the nitrocellulose membrane, which can measure the antigen density by determining the fluorescence intensity. The structure of the test strip used by scanning-fluorescence reader is shown in Figure 2.

![Figure 2. Structure of the test strip](image)

The internal structure of the strip is shown above. The sample pad (part 1) is used for loading samples. The conjugate pad (part 2) is placed in excessive antibodies and complexes. The lamination layer (part 4) contains two lines: test line (line 3) with fixed solubility antibodies and the control line (line 5) with quantitative antibodies [18]. Figure 3 shows a number of time-resolved fluorescence strips under ultraviolet (UV) light, in which the intensity of the control line is fixed whereas the density of the test line increases gradually from weak to strong.

![Figure 3. Fluorescent strip under ultraviolet (UV) light](image)

3. System Design

In the scanning-fluorescence reader, the processor S3c2440 is responsible for all modules including the optical module, motor module, digital-analog conversion module, peripherals module, power modules, and software design module.

S3c2440 is a powerful processor had been widely used in embedded system [19-22]. In our system, all hardware work is performed by the S3c2440 processor. First, the processor controls the motor to start, acceleration, reverse, stop and other operations. Then, S3c2440 determines the batch number of the test strip through a built-in scanner. To ensure the precise positioning of the motor during the measurement, motor operates under the optocoupler state judge circularly when running. During the test strip that is driven by the motor controlled by S3c2440, the photodiodes send the real-time fluorescence information to the analog/digital converter module for processing. Finally, all data are processed by the S3c2440 processor, and the final results are displayed on the screen. The overall structure of the instrument is shown in Figure 4.

In developing a scanning-fluorescence reader, the core function must obtain stable and accurate fluorescence information and convert the data into a digital signal for processing. The entire processing involved includes the optocoupler, stepping motor, LED lamp, AD7707, and
other specific hardware. The flow-chat of the detailed detection mechanism is shown in Figure 5.

![Flow-chat of the detection](image)

Difficulty remains in how to capture the information, transmit the fluorescence information, and transform the captured analog signal into a digital signal that can be processed by the S3c2440 processor. Therefore, we selected a high-sensitivity photosensitive tube and a glass fiber to address the problem.

3.1. Optical Module

The optical module is the core module of a scanning-fluorescence reader; the optical module controls the instrumental signals and determines the final results. An unstable optical module will cause large differences among instruments and restricts the accuracy, sensitivity and other key properties. Therefore, when we design an optical module, the stability of the excitation light source should be improved, and the attenuation rate of the excitation light should be reduced. Hence, we selected a high-sensitivity photosensitive tube and glass fiber. The detail of optical module is as shown in Figure 6.
Figure 6 shows that light source 1 is responsible for the generation of the ultraviolet light. Filter 3 filters the emitted light. Light detection unit 2 receives the fluorescence signal reflected by fluorescence strip 7. Filter 4 filters the received optical signal in which the shape of the optical fiber appears as a 'Y'. This shape of the optical fiber is responsible for converting and transmitting the light signal. The detail is as shown in Figure 7.

Figure 7. Cross-section of the optical fiber

From Figure 7, the left masking aperture 2 connects to the LET lights to transmit the ultraviolet light emitted by the LED lamp. At the right most part, cylindrical light is transformed to strip light (with the length equaling the width of the strip test line) and irradiated to the test strip through the right masking aperture 2.

Under the irradiation of ultraviolet light, the fluorescent particles on the strip will fluoresce; right masking aperture 1 will transmit this fluoresce to the left masking aperture 1. The light-sensitive tube will then receive this fluorescence.

A scanning-fluorescence reader using ODA-6WB-500M photodiode as optical receiver module is a light-sensitive photo resistor. Therefore, photodiodes can change the current in the circuit sensitively by judging the intensity differences of the light, thus detecting the light intensity. An amplification circuit in the light-sensitive tube amplifies the received optical signal. Therefore, the sensitivity of detection increases, capturing weak signals. The received fluorescent would be processed by the light-sensitive tube and then transmitted to AD7707 (analog to digital conversion chip) to perform the next step.

3.2. Digital-analog Conversion Module

ADI’s AD7707 is a typical 16-bit Σ-Δ ADC chip. This chip may receive both a high- and low-level signal from the sensors directly. AD7707 can regulate from zero and span through instructions, including self-regulation and system regulation. When data transfers between AD7707 and MCU, the chips can connect to each other using a SPI serial bus interface. This connection greatly simplifies the complexity of the circuit interface design. The detail of this design is as shown in Figure 8.
The AD conversion process is as follows: the light-sensitive tube receives and amplifies the fluorescent signal on the strip; the tube transmits the signal to AD7707; the chip transmits the digital signal to the S3c2440 processor through the SPI bus.

4. Data Processing

The fluorescence detection reagents have a test and control line containing fluorescent particles. Thus, the detection reagent may emit fluorescence under ultraviolet irradiation. After the test, the instrument can measure two fluorescence peaks, record the area ratio of the two waveforms, and use a standard test strip to perform large quantities of biological experiments. The following mathematical model is established: "AT/ACreagent concentration of test". Finally, this mathematical model can calculate the unknown concentration of the detection reagent.

For a continuous mathematical model, we use a derivation and analyze the equation to obtain the extreme points of a curve.

According to this process, once a test is completed, we obtain 1200 fluorescence data points (Origin [1200]) after analog to digital conversion. As shown in Figure 9, we perform the following processing.

For the collected Origin [1200], we perform a gradient (similar to derivation) to obtain the Gradient [1200]. The details of this process are as shown in Figure 10.
Where \((x_1, y_1), (x_2, y_2)\) are adjacent points, and \(\Delta x = 1, \Delta y = y_2 - y_1, d' = \Delta y / \Delta x\)

The Gradient [1200] after the gradient is as shown in Figure 11.

![Figure 11. Gradient data](image1)

From Figure 11, numerous sawtooth patterns are noted in the gradient data. These patterns are not suitable for analysis and processing. Therefore, we must perform a smoothing operation for the Gradient [1200]. This process obtains 5 points close to the current point on each side (11 in total) and uses the average value of these points as the new value of the current point.

\[
\text{Smooth}[i] = \begin{cases} 
\text{Gradient}[i], i \leq 5 \text{ or } i \geq 1195 \\
\frac{\text{Gradient}[i-5] + \ldots + \text{Gradient}[i+5]}{11}, \text{ else}
\end{cases}
\]  

(1)

Gradient [1200] after the smoothing operation are as as shown in Figure 12.

![Figure 12. Data after the smoothing operation](image2)

Theoretically, the point with its derivation equaling 0 is the extreme point. For the gradient of discrete points, however, Smooth[1200]≠0 is possible. Therefore, we need a binarization operation. Let the threshold be \(X\), then we have:

\[
\text{Final}[i] = \begin{cases} 
1, & \text{Smooth}[i] > x \\
0, & -x < \text{Smooth}[i] \leq x \\
-1, & \text{Smooth}[i] \leq -x
\end{cases}
\]  

(2)
The Finaldata[1200] after the binarization operation are as as shown in Figure 13.

From Figure 13, we obtain the attributes of the two peaks clearly:

Crest: \( \text{Final}[i] = 1 \) and \( \text{Final}[i + 1] = 0 \)  

Start point: \( \text{Final}[i] = 0 \) and \( \text{Final}[i + 1] = 1 \)  

End point: \( \text{Final}[i] = -1 \) and \( \text{Final}[i + 1] = 0 \)  

Width: \( \text{End}_p \text{oint}(x_2) - \text{Start}_p \text{oint}(x_1) \)  

Area: \( \int_{x_1}^{x_2} (\text{Origin}[x] \times 1) \) 

The improved algorithm is obtained by comparing Figure 9 and Figure 13, Equation (3) shows that crest is located to the left of the actual position. Assume the following:

Point X1: \( \text{Final}[i] = 0 \) and \( \text{Final}[i + 1] = 1 \)  

Point X2: \( \text{Final}[i] = -1 \) and \( \text{Final}[i + 1] = 0 \)  

The crest must be located in the range of \( (x_1, x_2) \), and the crest is the maximum value in between this intervals. Thus, the crest is \( \text{Max}(\text{Origin}[x_1, \ldots, x_2]), x_1 < x_2 \)  

The gradient, smoothing, and binarization operations above are for the ideal case. After completing the instrument design, differences among instruments are possible because of the differences among the mechanical processing, hardware circuitry, and optical modules. Variations in the production of test strips may also influence the devices. In actual tests, several small peaks appear. Therefore, a threshold must be established to filter the interference peaks.
As shown in Figure 14, searching in this crest resulted in the values displayed in Table 1. Both test peaks and control peaks have been accurately detected.

Table 1. Result of peak recognition

<table>
<thead>
<tr>
<th>Peak 1</th>
<th>Peak 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peak Start</td>
<td>202</td>
</tr>
<tr>
<td>Peak End</td>
<td>600</td>
</tr>
<tr>
<td>Coordinate</td>
<td>421</td>
</tr>
<tr>
<td>Peak Value</td>
<td>4055.3</td>
</tr>
<tr>
<td>Peak Area</td>
<td>657959</td>
</tr>
</tbody>
</table>

5. Results and Analysis

The previous work successfully designed a scanning-fluorescence reader and completed the preparation of the hardware and software programming. The following sections will show several important tests of performance indicators.

The test strip is as follows (Figure 15), for which the control line (C line) is the goat anti-mouse polyclonal antibodies, the test line (T line) is the 7D9 antibody (for coating), the sample in the pads is the 10C5 antibody (containing fluorescent particles, for marking), and the measured object is the CRP (C-reactive protein). When serum was added, the effect of the absorbent pad, CRP, 10C5 antibody, and 7D9 antibody in the blood are combined as a stable structure at the T line; the 105C and goat anti-mouse polyclonal antibody also binds in a stable structure.

![Figure 15. Test strip](image)

We obtained the CRP concentration in the serum by using the scanning-fluorescence reader because the CRP concentration in a healthy body is low (<5 mg/L); however, if the body is infected by bacteria or the tissue is injured, the concentration will increase significantly. Thus, we can determine the health of the blood. We used this test strip in all of the following tests; the detailed tests and data are as follows.

5.1. Linear Relationship

When we used standard strips, fixed samples of known concentration were diluted in different proportions and the fluorescence intensity was known. The reader measured the value of the area of the control line and test line and determined the linear relationship of the data. The data covering the fixed concentration sample are shown below (Table 2):

Table 2. Fluorescence intensity and AT/AC relationship

<table>
<thead>
<tr>
<th>No.</th>
<th>Fluorescence intensity(a.u.)</th>
<th>AT</th>
<th>AC</th>
<th>AT/AC</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>34.375</td>
<td>1969.20</td>
<td>97561.4</td>
<td>0.020</td>
</tr>
<tr>
<td>2</td>
<td>68.75</td>
<td>4662.80</td>
<td>99203.3</td>
<td>0.047</td>
</tr>
<tr>
<td>3</td>
<td>137.5</td>
<td>10699.9</td>
<td>92682.6</td>
<td>0.115</td>
</tr>
<tr>
<td>4</td>
<td>275</td>
<td>24025.7</td>
<td>106667</td>
<td>0.225</td>
</tr>
<tr>
<td>5</td>
<td>550</td>
<td>52429.5</td>
<td>101452</td>
<td>0.517</td>
</tr>
<tr>
<td>6</td>
<td>1100</td>
<td>106998</td>
<td>103624</td>
<td>1.033</td>
</tr>
<tr>
<td>7</td>
<td>2200</td>
<td>189900</td>
<td>90705</td>
<td>2.094</td>
</tr>
<tr>
<td>8</td>
<td>4400</td>
<td>399811</td>
<td>95550.3</td>
<td>4.184</td>
</tr>
</tbody>
</table>
By adding trend-lines, formulas and correlation coefficients in excel, we analyzed these data and obtained fluorescence intensity AT/AC linear relationship as shown in Figure 16.

![Figure 16. Fluorescence intensity AT/AC linear relationship](image)

Figure 16 shows that the linear relationship between the fluorescence intensity and AT/AC is \( y = 0.0010x - 0.0181 \), the correlation coefficient \( R^2 = 0.99998 \) illustrating the excellent linear relationship. Therefore, we can use this linear relationship as the foundation for further measurements of the test strip with unknown concentrations.

### 5.2. Reading Repeatability

Detecting the identical test strip multiple times verifies the stability of the scanning-fluorescence reader. Figure 17 displays the results from 7 repeated trials of the identical strip.

![Figure 17. Results of repeatability detection](image)

Figure 17 displays high reproducibility. A fine coincidence was found among these detections. Among them, a small attenuation was noted at the crest; enlarging this portion data (from 370 to 470 (101 in total)) results in Figure 18. From Figure 18, the fluorescence intensity of each test has a slight attenuation. When ultraviolet excites a fluorescent substance, the fluorescent substance absorbs energy, jumping from the ground state to an excited state and then back to ground state through radiation. When excitation stops, fluorescent oxidation gradually weakens the intensity of the molecular fluorescence emission. Therefore, the deviations in Figure 18 appeared. By conducting a large number of experimental analyses, small attenuation of fluorescence intensity has no effect on the test results.
5.3. Accuracy

Serum was with a known CRP concentration was added to the test strip; we tested each strip 3 times to compare the average and theoretical value (known concentration) shown in Table 3.

<table>
<thead>
<tr>
<th>Strip#</th>
<th>Quantitative (a.u.)</th>
<th>Avg. (a.u.)</th>
<th>Theoretical (a.u.)</th>
<th>Relative deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1#</td>
<td>137.37, 127.59, 141.34</td>
<td>142.305</td>
<td>137.5</td>
<td>1.50%</td>
</tr>
<tr>
<td>2#</td>
<td>523.30, 532.14, 523.91</td>
<td>526.45</td>
<td>550</td>
<td>4.28%</td>
</tr>
<tr>
<td>3#</td>
<td>2237.91, 2245.46, 2252.14</td>
<td>2245.17</td>
<td>2200</td>
<td>2.05%</td>
</tr>
</tbody>
</table>

Low/Middle/High strips were measured separately and we found that the CRP concentration of each test fluctuated near the theoretical value. All deviations were met the requirements of the equipment.

6. Conclusion

As a rapid developing field in laboratory medicine, POCT has received increasing concern and attention. However, a large gap remains in China. As a novel measurement method, fluorescent label strips has been widely used in POCT. This paper focuses on ARM-based devices using AD7707 analog-digital converter chips and other related hardware. These components are combined with time resolved fluoroimmunoassay technology for biological measurements to achieve the development of a scanning-fluorescence reader. When a scanning-fluorescence reader operates, an ultraviolet LED lamp will shine strip light on the test strip (labeled particles). The digital-to-analog converter will then convert the fluorescence signal captured by the high light-sensitive tube into a digital signal and submit the signal to the processor. This process occurs over an elongated area (4 mm length, 0.8 mm width) to collect the fluorescence intensity. We then design algorithms to process the test data. The "AT/AC ~ concentration of test" model calculates the concentration of the test object. The entire process is driven by a stepper motor; every 12.5 μm move collects a fluorescent signal. A large number of biological experiments show that scanning-fluorescence readers have advantages of a high detection speed, high repeatability, and good linearity. The accuracy of the CRP concentration measurement can be achieved to as low as 0.1 mg/L. In addition, according to the specificity of the antigens and antibodies, the corresponding fluorescent strips can measure different substances in blood efficiently. Combined, these characteristics allow the scanning-fluorescence reader to be widely applied in the field of quantitative testing.
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References